

## Altru & You with Medica Fact Sheet (Accountable Care System Product)

### Overview

Altru & You with Medica<sup>SM</sup> is an accountable care system product offered in 14 counties in northeastern North Dakota and 6 counties in northwestern Minnesota, effective as of July 1, 2016. Altru & You providers deliver care in more than 30 communities plus provide access to several specialties via telemedicine. In Grand Forks and East Grand Forks, care is provided at 13 locations including an acute care hospital, a specialty hospital, inpatient rehabilitation hospital, various clinics, Altru Cancer Center, Altru Advanced Orthopedics, Sanny & Jerry Ryan Center for Prevention & Genetics, and Yorhom Medical Essentials. In addition, local health care providers throughout the region ensure that Medica members can get the care they need close to home.

Members may see any provider in the Altru & You with Medica network without a referral. Members can also access non-network providers but may have higher deductibles and out-of-pocket expenses than for in-network providers. To verify which providers are included in this product's network, [see the online provider search tool on medica.com](#).

### 2021 ID Card Example (MN)

<p><b>MEDICA®</b></p> <p>Payer ID: 94265  <b>ID: 999999901</b>      <b>Group: DFLT</b></p> <p>Name:          JOHN Q 01332/01511XXXX          Dependents:          JANE R DOE          DAUGHTER R DOE          SON T DOE          BABY1 U DOE          BABY2 V DOE          CareType: Altru &amp; You with Medica          SVC Type: MEDICAL          OY/CONV/URGI/ER/CD5          \$XX/\$XX/\$XX/\$XX/\$XX</p> <p style="font-size: small;">For best benefits, use the Altru &amp; You with Medica network</p>	<p><b>Altru®</b></p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 10px auto;">             Rx BIN: 003858              Rx PCN: A4              Rx Group: 1MEDICA         </div>	<p><b>Members – www.altruandyou.com</b></p> <p>Claims: Medica PO Box 30990, Salt Lake City, UT 84130          Altru &amp; Medica Customer Service: 855-400-9652          Hearing Impaired: 711          Pharmacists: 800-922-1557          Providers: 800-458-5512 or <a href="http://www.medica.com">www.medica.com</a>          Medica Behavioral Health: 800-848-8327          EAP: 800-626-7944</p> <p>UnitedHealthcare®  <small>UnitedHealthcare Options PPO</small></p> <p style="text-align: right;">Shared Savings  </p> <p style="font-size: x-small; text-align: center;">Minnesota Department of Commerce Appeals: 651-539-1600 or 800-657-3602</p>
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### 2021 ID Card Example (ND)

<p><b>MEDICA®</b></p> <p>Payer ID: 94265  <b>ID: 999999901</b>      <b>Group: DFLT</b></p> <p>Name:          JOHN Q 00172/01511XXXX          Dependents:          JANE R DOE          DAUGHTER R DOE          SON T DOE          BABY1 U DOE          BABY2 V DOE          CareType: Altru &amp; You with Medica          SVC Type: MEDICAL          OY/CONV/URGI/ER/CD5          \$XX/\$XX/\$XX/\$XX/\$XX</p> <p style="font-size: small;">For best benefits, use the Altru &amp; You with Medica network</p>	<p><b>Altru®</b></p> <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 10px auto;">             Rx BIN: 003858              Rx PCN: A4              Rx Group: 1MEDICA         </div>	<p><b>Members – www.altruandyou.com</b></p> <p>Claims: Medica PO Box 30990, Salt Lake City, UT 84130          Altru &amp; Medica Customer Service: 855-400-9652          Hearing Impaired: 711          Pharmacists: 800-922-1557          Providers: 800-458-5512 or <a href="http://www.medica.com">www.medica.com</a>          Medica Behavioral Health: 800-848-8327          EAP: 800-626-7944</p> <p>UnitedHealthcare®  <small>UnitedHealthcare Options PPO</small></p> <p style="text-align: right;">Shared Savings  </p> <p style="font-size: x-small; text-align: center;">ND Commissioner Consumer Hotline: 701-328-2440 or 800-247-0560</p>
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## Available to

Commercial large groups in the following counties:

### MN counties:

- Kittson
- Marshall
- Pennington
- Polk
- Red Lake
- Roseau

### ND counties:

- Benson
- Cavalier
- Eddy
- Grand Forks
- Griggs
- Nelson
- Pembina
- Pierce
- Ramsey
- Rolette
- Steele
- Towner
- Traill
- Walsh

### Network Hospitals

- Altru Health System (Grand Forks, ND)
- Cavalier County Memorial Hospital (Langdon, ND)
- Cooperstown Medical Center (Cooperstown, ND)
- Essentia Health Fosston (Fosston, MN)
- First Care Health Center (Park River, ND)
- Heart of America Medical Center (Rugby, ND)
- Kittson Memorial Healthcare Center (Hallock, MN)
- LifeCare Medical Center (Roseau, MN)
- Mercy Hospital of Devils Lake (Devils Lake, ND)
- Nelson County Health System Hospital (McVille, ND)
- North Valley Health Center (Warren, MN)
- Northwood Deaconess Health Center (Northwood, ND)
- Pembina County Memorial Hospital Association (Cavalier, ND)
- Riverview HealthCare Association (Crookston, MN)
- Sanford Thief River Falls (Thief River Falls, MN)
- Towner County Medical Center (Cando, ND)
- Unity Medical Center (Grafton, ND)

## Specialty Networks

- Chiropractic: OptumHealth<sup>SM</sup> Care Solutions, Physical Health
- Transplants: OptumHealth<sup>SM</sup> Complex Care Solution
- Pharmacy: Express Scripts® (ESI)
- Behavioral Health: Medica Behavioral Health<sup>SM</sup> providers

## Member Benefits

- Direct access to specialists. Members can see any primary or specialty care provider in the Altru & You network without a referral.
- Online care. Members can use their computer or mobile device to connect with a provider for an e- visit to treat a non-urgent problem; or go to their local health facility for a video visit with a specialist at another location.
- Comprehensive, personalized care for bones, joints and more at Altru Advanced Orthopedics. Specialized programs include joint replacement, cartilage restoration, specialized hand and shoulder surgery, and concussion management.
- Discounted sessions with a certified health and wellness coach, providing members with the tools, motivation and support needed to set and achieve goals.
- Access to Altru's Weight Management Program at a discounted fee, including discounts on food. A team of medical providers, dietitians and exercise specialists offer comprehensive options to help members lose weight.
- MyHealth online patient portal, a secure online tool for communicating with providers, accessing health information and more.
- The Medica travel benefit *does* apply outside the Medica service area (i.e., outside Minnesota, Wisconsin, South Dakota and North Dakota)

## Claim Submission

Claims should be submitted to:

- Payer ID: 94265

[See details on claim submission and product guidelines](#)