

Policy Name:	Vitamin D Testing for Screening
Effective Date:	4/19/2021

Important Information – Please Read Before Using This Policy

NOTE: This coverage policy does not apply to IFB members whose plans are headquartered in Missouri.

These services may or may not be covered by all Medica plans. Coverage is subject to requirements in applicable federal or state laws. Please refer to the member's plan document for other specific coverage information. If there is a difference between this general information and the member's plan document, the member's plan document will be used to determine coverage. With respect to Medicare, Medicaid, and other government programs, this policy will apply unless these programs require different coverage. Members may contact Medica Customer Service at the phone number listed on their member identification card to discuss their benefits more specifically. Providers with questions may call the Medica Provider Service Center toll-free at 1-800-458-5512.

Medica coverage policies are not medical advice. Members should consult with appropriate health care providers to obtain needed medical advice, care, and treatment.

Coverage Policy

Note: This policy is not scheduled for routine review of the scientific literature.

Vitamin D testing for general population screening is considered not medically necessary and is therefore **NOT COVERED**.

Description

A vitamin D test is a blood test that measures the level of vitamin D in the blood. Vitamin D is a nutrient that is essential for healthy bones and teeth. Vitamin D is needed for normal absorption of calcium and phosphorus. It helps put these minerals into bones and teeth. This makes bones stronger and reduces risk for bone fractures. Vitamin D also helps keep the immune system functioning normally, so our bodies can resist some types of disease.

A vitamin D test can be used to screen for or monitor bone disorders. It can also be used to check vitamin D levels in people with chronic illnesses such as asthma, psoriasis, and certain autoimmune diseases.

Two forms of vitamin D can be measured in the blood, 25-hydroxyvitamin D [25(OH)D] and 1,25-dihydroxyvitamin D [1,25(OH)2D]. The 25-hydroxyvitamin D is the major form found in the blood and is the most common test to assess and monitor vitamin D status in individuals. 1,25-dihydroxyvitamin D is used less often, but may be helpful in individuals with kidney disease.

Medica Coverage Policy



Prior Authorization

Prior authorization is not applicable. Claims for this service are subject to retrospective review and denial of coverage, as investigative services are not eligible for reimbursement.

Coding Considerations

Use the current applicable CPT/HCPCS code(s). The following codes are included below for informational purposes only, and are subject to change without notice. Inclusion or exclusion of a code does not constitute or imply member coverage or provider reimbursement.

CPT Codes

- **82306** - Vitamin D; 25 hydroxy, includes fraction(s), if performed
- **82652** - Vitamin D; 1, 25 dihydroxy, includes fraction(s), if performed
- **0038U** - Vitamin D, 25 hydroxy D2 and D3, by LC-MS/MS, serum microsample, quantitative

Original Effective Date: 4/19/21

Re-Review Date(s): 12/13/2022 – Administrative Update (policy does not apply to IFB members whose plans are headquartered in Missouri)

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