







**Tobacco user\***

Tobacco user is defined as using tobacco products (for example cigarettes, cigars, smokeless tobacco, e-cigarettes) four or more times a week on average (other than for religious or ceremonial purposes) within the last six months. This only applies to individuals age 18 and over.

SECTION

**F AUTHORIZATION AND REPRESENTATION**

**TO BE SIGNED BY SUBSCRIBER**

I understand and agree this change form will not alter any other limitations, conditions, provisions or exclusions that were part of my policy or application prior to the effective date of this plan change.

**I understand that my premium may be impacted by the change(s) requested on this form. I will be responsible for any additional premium amount due from the effective date of the change(s). I understand that any reduction in premium will be reflected on the monthly billing invoice.**

The information provided on this form is accurate and complete. I understand and agree that any omissions of incorrect statements knowingly made by me on this form may invalidate my coverage.

By signing below, I agree that this change form amends the original application. This change form will be incorporated into and made part of the application form and the policy.

Please provide signature below if subscriber is under age 18:

Signature of subscriber	Date
X	

Signature of parent or legal guardian	Date
X	

I authorize Medica to make the change(s) to my policy as requested by the subscriber and as identified on this change form.

Signature of additional member age 18 or older	Date
X	

Signature of additional member age 18 or older	Date
X	

Signature of additional member age 18 or older	Date
X	

Signature of additional member age 18 or older	Date
X	

**Mail Completed Change Form**

Medica  
Mail Route CW195IFB  
PO Box 9310  
Minneapolis, MN 55440-9310

**Fax Completed Change Form**

952-992-2511

**FOR OFFICE USE ONLY**

Date received	Effective date of change	Reviewed by	New plan code	Premium change <input type="checkbox"/> Yes <input type="checkbox"/> No
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Medica and its business associates obtain, maintain, use and share personal information to carry out certain routine activities. Routine activities include: (i) treatment-related activities, such as referring you to a doctor or other provider; (ii) payment-related activities, such as paying a claim for medical services rendered; and (iii) health care operations, such as professional peer review.

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# MEDICA®

Mail Route CW195IFB, PO Box 9310, Minneapolis, MN 55440-9310

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You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

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Yog koj xav tau kev pab dawb txhais daim ntwav no, hu rau 1-800-952-3455.

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Sanadnikun kaffaltiimaleeakkaisiniifhiikamuyoobarbaadd-an 1-800-952-3455 tiinbilbilaa.

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이 문서를 번역하는 데 무료로 도움을 받고 싶으시면 1-800-952-3455로 전화하십시오.

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T'áá jiik'é díí naaltsoos t'áá nizaadk'ehjí bee shí ká'adoowol ninízingo kojí' hodiílnih, 1-800-952-3455.

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