

Primary Applicant's Name:

Enrolling in Individual and Family Health Plans

Thank you for being a Medica member!

2020 NEBRASKA CHANGE FORM

This form may be used to complete the following changes to your current Medica plan:

- Name or address change
Member termination
Newborn or adoption addition
Change in marital status
Qualified dependent addition
Qualified plan change

General Information

- Address or name change (Sections B and C) or terming individuals from the policy (Section E) can be completed at any time using this form.
You may only make changes to your current health plan during the annual Open Enrollment Period (Nov. 1 – Dec. 15, 2019) or within 60 days of a special enrollment event.
You may be qualified to lower your monthly premium amount through a Cost Sharing Reduction (CSR) and/or an Advance Premium Tax Credit (APTC).

Coverage Start Date

- If you qualify for a Special Enrollment Period, coverage may start on the first of any month within your Special Enrollment Period. Some special enrollment events, such as having or adopting a child, allow coverage to start on the date of the event.

I'm requesting my coverage starts on (mm/dd/yy):

Have a Question?

Call Customer Service at the number on the back of your Medica ID card.

SECTION A MEMBER INFORMATION

Note: This section must be completed.

Table with subscriber information: First name, Middle initial, Last name, Social Security number, Current member ID number, Preferred telephone number, Alternative telephone number.

SECTION B ADDRESS CHANGE* (if applicable)

Table with address change information: Old address (Street, City, State, Zip code, Email address) and New address (Street, City, State, Zip code, Email address).

Note: Providing your email address does not sign you up for electronic correspondence of plan materials.

SECTION C NAME CHANGE* (if applicable)

Table with name change information: Old name (First name, Middle initial, Last name) and New name (First name, Middle initial, Last name).

*A special enrollment event is not needed to report these changes.

D ENROLLMENT CRITERIA (if applicable)**Please select your enrollment reason below:**

- Annual Open Enrollment Period
- Birth of child
- Adoption or placement for adoption
- Marriage
- Permanent move that changes your Medica plan options
- Involuntary loss of minimum essential coverage due to _____
(e.g. divorce, job loss or COBRA coverage ending)
- Other _____

For any special enrollment event, please provide the date of the event: _____

Note: Please provide supporting documentation of your special enrollment event with this form.**Would you like to keep your current Medica plan?**

- Yes No If no, please follow the instructions below. We can only process your request if this section is complete.

Note: Network and plan availability varies by place of residence. To view Summary of Benefits and Coverage (SBC) documents, visit medica.com/IndividualPlansNE.

1. Choose your network:

 Elevate by MedicaSM**Note:** Available in Dodge, Douglas, Sarpy and Washington county only. **Medica with CHI HealthSM****Note:** Available in Buffalo, Burt, Butler, Cass, Colfax, Cuming, Dodge, Douglas, Fillmore, Hall, Johnson, Lancaster, Nance, Nemaha, Nuckolls, Otoe, Pawnee, Saline, Sarpy, . . . Saunders, Seward, Thayer, and Washington county only.**Valid:** January 2020 – December 2020 **Medica InsureSM****Note:** Available in all counties.

2. Choose your plan:

Elevate by MedicaSM and Medica with CHI HealthSM**GOLD PLANS** **Gold Copay** – 30% coinsurance after deductible

One person coverage: \$850 deductible

Family coverage: \$2,550 deductible

Note: Gold Copay available with Medica with CHI Health only. **Gold Share** – 35% coinsurance after deductible

One person coverage: \$550 deductible

Family coverage: \$1,650 deductible

Note: Gold Share available with Elevate by Medica only.**SILVER PLANS** **Silver Copay** – 40% coinsurance after deductible

One person coverage: \$4,600 deductible

Family coverage: \$13,800 deductible

Note: Silver Copay available with Medica with CHI Health only. **Silver Share** – 50% coinsurance after deductible

One person coverage: \$1,000 deductible

Family coverage: \$3,000 deductible

BRONZE PLANS **Bronze HSA Plus** – 40% coinsurance after deductible

One person coverage: \$3,700 deductible

Family coverage: \$11,100 deductible

 Bronze HSA – 20% coinsurance after deductible

One person coverage: \$6,400 deductible

Family coverage: \$12,800 deductible

 Bronze Copay – 50% coinsurance after deductible

One person coverage: \$7,200 deductible

Family coverage: \$14,400 deductible

Medica InsureSM**GOLD PLANS** **Gold Copay** – 30% coinsurance after deductibleOne person coverage: **Tier 1 – Preferred** \$850 deductible**Tier 2 – Standard** \$1,100 deductibleFamily coverage: **Tier 1 – Preferred** \$2,550 deductible**Tier 2 – Standard** \$3,300 deductible**Note:** Gold Copay is not available in Buffalo, Burt, Butler, Cass, Colfax, Cuming, Dodge, Douglas, Fillmore, Hall, Johnson, Lancaster, Nance, Nemaha, Nuckolls, Otoe, Pawnee, Saline, Sarpy, Saunders, Seward, Thayer, or Washington county. **Gold Share** – 35% coinsurance after deductible

One person coverage: \$550 deductible

Family coverage: \$1,650 deductible

Note: Gold Share is not available in Burt, Dodge, Douglas, Sarpy, Saunders, Thurston, Washington and Wayne county.**SILVER PLAN** **Silver Copay** – 40% coinsurance after deductibleOne person coverage: **Tier 1 – Preferred** \$4,600 deductible**Tier 2 – Standard** \$5,100 deductibleFamily coverage: **Tier 1 – Preferred** \$13,800 deductible**Tier 2 – Standard** \$15,300 deductible**BRONZE PLANS** **Bronze HSA Plus** – 40% coinsurance after deductible

One person coverage: \$3,700 deductible

Family coverage: \$11,100 deductible

 Bronze HSA – 20% coinsurance after deductible

One person coverage: \$6,400 deductible

Family coverage: \$12,800 deductible

Bronze Share Plus – 50% coinsurance after deductible
 One person coverage: \$1,600 deductible
 Family coverage: \$4,800 deductible

CATASTROPHIC PLAN


Catastrophic – 0% coinsurance after deductible
 One person coverage: \$8,150 deductible
 Family coverage: \$16,300 deductible

Bronze Copay – 50% coinsurance after deductible
 One person coverage: **Tier 1 – Preferred** \$7,200 deductible
Tier 2 – Standard \$7,200 deductible
 Family coverage: **Tier 1 – Preferred** \$14,400 deductible
Tier 2 – Standard \$14,400 deductible

Bronze Share Plus – 50% coinsurance after deductible
 One person coverage: \$1,600 deductible
 Family coverage: \$4,800 deductible

CATASTROPHIC PLAN

Catastrophic – 0% coinsurance after deductible
 One person coverage: \$8,150 deductible
 Family coverage: \$16,300 deductible

 **Note:** Catastrophic plans are only available to individuals and families under 30 or those who qualify for an eligible exemption. Visit healthcare.gov for more information about eligible exemptions and to get the form(s) you need to enroll in coverage.

SECTION

E ADDITIONS OR TERMINATIONS (if applicable)

List each person that is being added or termed from the policy. Add additional pages if necessary.

| | | | | | |
|----------|---|----------------|-----------|-------------------------|--|
| 1 | First name | Middle initial | Last name | Birthdate (mm/dd/yy) | Tobacco user* <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Relationship to applicant | | | Social Security number | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| | Fill in all that apply (optional) Ethnicity if Hispanic/Latino: <input type="checkbox"/> Mexican <input type="checkbox"/> Mexican American <input type="checkbox"/> Chicano/a <input type="checkbox"/> Puerto Rican <input type="checkbox"/> Cuban <input type="checkbox"/> Other: _____ Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Asian Indian <input type="checkbox"/> Chinese <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other Asian <input type="checkbox"/> Native Hawaiian <input type="checkbox"/> Guamanian or Chamorro <input type="checkbox"/> Samoan <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> Other: _____ | | | | |

| | | | | | |
|----------|---|----------------|-----------|-------------------------|--|
| 2 | First name | Middle initial | Last name | Birthdate (mm/dd/yy) | Tobacco user* <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Relationship to applicant | | | Social Security number | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| | Fill in all that apply (optional) Ethnicity if Hispanic/Latino: <input type="checkbox"/> Mexican <input type="checkbox"/> Mexican American <input type="checkbox"/> Chicano/a <input type="checkbox"/> Puerto Rican <input type="checkbox"/> Cuban <input type="checkbox"/> Other: _____ Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Asian Indian <input type="checkbox"/> Chinese <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other Asian <input type="checkbox"/> Native Hawaiian <input type="checkbox"/> Guamanian or Chamorro <input type="checkbox"/> Samoan <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> Other: _____ | | | | |

| | | | | | |
|----------|---|----------------|-----------|-------------------------|--|
| 3 | First name | Middle initial | Last name | Birthdate (mm/dd/yy) | Tobacco user* <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Relationship to applicant | | | Social Security number | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| | Fill in all that apply (optional) Ethnicity if Hispanic/Latino: <input type="checkbox"/> Mexican <input type="checkbox"/> Mexican American <input type="checkbox"/> Chicano/a <input type="checkbox"/> Puerto Rican <input type="checkbox"/> Cuban <input type="checkbox"/> Other: _____ Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Asian Indian <input type="checkbox"/> Chinese <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other Asian <input type="checkbox"/> Native Hawaiian <input type="checkbox"/> Guamanian or Chamorro <input type="checkbox"/> Samoan <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> Other: _____ | | | | |

| | | | | | |
|---|---------------------------|----------------|-----------|-------------------------|--|
| 4 | First name | Middle initial | Last name | Birthdate (mm/dd/yy) | Tobacco user* <input type="checkbox"/> Yes <input type="checkbox"/> No |
| | Relationship to applicant | | | Social Security number | Sex <input type="checkbox"/> M <input type="checkbox"/> F |
| Fill in all that apply (optional) Ethnicity if Hispanic/Latino: <input type="checkbox"/> Mexican <input type="checkbox"/> Mexican American <input type="checkbox"/> Chicano/a <input type="checkbox"/> Puerto Rican <input type="checkbox"/> Cuban <input type="checkbox"/> Other: _____ Race: <input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Filipino <input type="checkbox"/> Japanese <input type="checkbox"/> Korean <input type="checkbox"/> Asian Indian <input type="checkbox"/> Chinese <input type="checkbox"/> Vietnamese <input type="checkbox"/> Other Asian <input type="checkbox"/> Native Hawaiian <input type="checkbox"/> Guamanian or Chamorro <input type="checkbox"/> Samoan <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> Other: _____ | | | | | |

Tobacco user*

Tobacco user is defined as using tobacco products (for example cigarettes, cigars, smokeless tobacco, e-cigarettes) four or more times a week on average (other than for religious or ceremonial purposes) within the last six months. This only applies to individuals age 18 and over.

SECTION

F AUTHORIZATION AND REPRESENTATION

TO BE SIGNED BY SUBSCRIBER

I understand and agree this change form will not alter any other limitations, conditions, provisions or exclusions that were part of my policy or application prior to the effective date of this plan change.

I understand that my premium may be impacted by the change(s) requested on this form. I will be responsible for any additional premium amount due from the effective date of the change(s). I understand that any reduction in premium will be reflected on the monthly billing invoice.

The information provided on this form is accurate and complete. I understand and agree that any omissions of incorrect statements knowingly made by me on this form may invalidate my coverage.

By signing below, I agree that this change form amends the original application. This change form will be incorporated into and made part of the application form and the policy.

Please provide signature below if subscriber is under age 18:

| | |
|-------------------------|------|
| Signature of subscriber | Date |
| X | |

| | |
|---------------------------------------|------|
| Signature of parent or legal guardian | Date |
| X | |

I authorize Medica to make the change(s) to my policy as requested by the subscriber and as identified on this change form.

| | |
|--|------|
| Signature of additional member age 18 or older | Date |
| X | |

| | |
|--|------|
| Signature of additional member age 18 or older | Date |
| X | |

| | |
|--|------|
| Signature of additional member age 18 or older | Date |
| X | |

| | |
|--|------|
| Signature of additional member age 18 or older | Date |
| X | |

Mail Completed Change Form
 Medica Insurance Company
 Mail Route CW195IFB
 PO Box 9310
 Minneapolis, MN 55440-9310

Fax Completed Change Form
 952-992-2511

FOR OFFICE USE ONLY

| | | | | |
|---------------|--------------------------|-------------|---------------|--|
| Date received | Effective date of change | Reviewed by | New plan code | Premium change <input type="checkbox"/> Yes <input type="checkbox"/> No |
|---------------|--------------------------|-------------|---------------|--|

MEDICA PRIVACY NOTICE

Medica takes its responsibility of protecting your personal information seriously. Where possible, Medica de-identifies or encrypts personal information. We use and disclose personal information only to the extent necessary to conduct treatment, payment and health care operations, or to comply with legal, regulatory or accreditation requirements.

Medica and its business associates obtain, maintain, use and share personal information to carry out certain routine activities. Routine activities include: (i) treatment-related activities, such as referring you to a doctor or other provider; (ii) payment-related activities, such as paying a claim for medical services rendered; and (iii) health care operations, such as professional peer review.

The law also gives you rights to access, copy, and amend your personal information. You have the right to request restrictions on certain uses and disclosures of your personal information. You also have the right to obtain information about how and when your personal information has been used and disclosed.

Medica’s full Privacy Notice is available upon request by calling **1-888-592-8211** (TTY: **711**) or by going to **medica.com**.

MEDICA®

Mail Route CW195IFB, PO Box 9310, Minneapolis, MN 55440-9310

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Discrimination is Against the Law

Medica complies with applicable Federal civil rights laws and will not discriminate against any person on the basis of race, color, national origin, age, disability or sex. Medica:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services, call the number included in this document or on the back of your Medica ID card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422 (phone/fax), TTY 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

If you want free help translating this document, call 1-800-952-3455.

Si desea recibir asistencia gratuita para la traducción de este documento, llame al 1-800-952-3455.

Yog koj xav tau kev pab dawb txhais daim ntwav no, hu rau 1-800-952-3455.

如果您需要我們免費幫您翻譯此文件，請致電 1-800-952-3455。

Nếu quý vị muốn giúp dịch tài liệu này miễn phí, gọi 1-800-952-3455.

Sanadnikun kaffaltiimaleeakkaisiniifhiikamuyoobarbaadd-an 1-800-952-3455 tiinbilbilaa.

إذا كنت ترغب في مساعدة مجانية لترجمة هذا المستند، فاتصل على الرقم 1-800-952-3455.

Если вы хотите получить бесплатную помощь в переводе этого документа, позвоните по телефону 1-800-952-3455.

ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອຟຣີໃນການແປເອກະສານນີ້, ໃຫ້ໂທຫາ 1-800-952-3455.

이 문서를 번역하는 데 무료로 도움을 받고 싶으시면 1-800-952-3455로 전화하십시오.

Si vous désirez obtenir gratuitement de l'aide pour traduire ce document, appelez le 1 800 952 3455.

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Ako želite besplatnu pomoć za prijevod ovog dokumenta, nazovite 1-800-952-3455.

T'áá jiik'é díí naaltsoos t'áá nizaadk'ehjí bee shí ká'adoowol ninízingo kojí' hodiílnih, 1-800-952-3455.

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