Tobacco user*

Tobacco user is defined as using tobacco products (for example cigarettes, cigars, smokeless tobacco, e-cigarettes) four or more times a week on average (other than for religious or ceremonial purposes) within the last six months. This only applies to individuals age 18 and over.

SECTION **F** **AUTHORIZATION AND REPRESENTATION**

TO BE SIGNED BY SUBSCRIBER

I understand and agree this change form will not alter any other limitations, conditions, provisions or exclusions that were part of my policy or application prior to the effective date of this plan change.

I understand that my premium may be impacted by the change(s) requested on this form. I will be responsible for any additional premium amount due from the effective date of the change(s). I understand that any reduction in premium will be reflected on the monthly billing invoice.

The information provided on this form is accurate and complete. I understand and agree that any omissions of incorrect statements knowingly made by me on this form may invalidate my coverage.

By signing below, I agree that this change form amends the original application. This change form will be incorporated into and made part of the application form and the policy.

Please provide signature below if subscriber is under age 18:

Signature of subscriber	Date	Signature of parent or legal guardian	Date
X		X	

I authorize Medica to make the change(s) to my policy as requested by the subscriber and as identified on this change form.

Signature of additional member age 18 or older	Date	Signature of additional member age 18 or older	Date
X		X	
Signature of additional member age 18 or older	Date	Signature of additional member age 18 or older	Date
X		X	

Mail Completed Change Form
Medica
Mail Route CW195IFB
PO Box 9310
Minneapolis, MN 55440-9310

Fax Completed Change Form
952-992-2511

FOR OFFICE USE ONLY				
Date received	Effective date of change	Reviewed by	New plan code	Premium change ❑ Yes ❑ No

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Medica takes its responsibility of protecting your personal information seriously. Where possible, Medica de-identifies or encrypts personal information. We use and disclose personal information only to the extent necessary to conduct treatment, payment and health care operations, or to comply with legal, regulatory or accreditation requirements.

Medica and its business associates obtain, maintain, use and share personal information to carry out certain routine activities. Routine activities include: (i) treatment-related activities, such as referring you to a doctor or other provider; (ii) payment-related activities, such as paying a claim for medical services rendered; and (iii) health care operations, such as professional peer review.

The law also gives you rights to access, copy, and amend your personal information. You have the right to request restrictions on certain uses and disclosures of your personal information. You also have the right to obtain information about how and when your personal information has been used and disclosed.

Medica's full Privacy Notice is available upon request by calling **1-855-347-5002** (TTY: **711**) or by going to **medica.com.**

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Mail Route CW195IFB, PO Box 9310, Minneapolis, MN 55440-9310

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- Provides free aids and services to people with disabilities to communicate effectively with us, such as: TTY communication and written information in other formats (large print, audio, other formats).
- Provides free language services to people whose primary language is not English, such as: Qualified interpreters and information written in other languages.

If you need these services, call the number included in this document or on the back of your Medica ID card. If you believe that Medica has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Coordinator, Mail Route CP250, PO Box 9310, Minneapolis, MN 55443-9310, 952-992-3422 (phone/fax), TTY 711, civilrightscoordinator@medica.com.

You can file a grievance in person or by mail, fax, or email. You may also contact the Civil Rights Coordinator if you need assistance with filing a complaint.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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Yog koj xav tau kev pab dawb txhais daim ntawv no, hu rau 1-800-952-3455.

如果您需要我們免費幫您翻譯此文件，請致電 1-800-952-3455。

Nếu quý vị muốn giúp dịch tài liệu này miễn phí, gọi 1-800-952-3455.

Sanadnikun kaffaltiimaleeakkaisiniifhiikamuyoobarbaadd-an 1-800-952-3455 tiinbilbilaa.

إذا كنت ترغب في مساعدة مجانية لترجمة هذا المستند، فاتصل على الرقم1-800-952-3455.

Если вы хотите получить бесплатную помощь в переводе этого документа, позвоните по телефону 1-800-952-3455.

ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອຟຣີໃນການແປເອກະສານນີ້, ໃຫ້ໂທຫາ 1-800-952-3455.

이 문서를 번역하는 데 무료로 도움을 받고 싶으시면 1-800-952-3455로 전화하십시오.

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Kung nais mo ng libreng tulong sa pagsasalin ng dokumentong ito, tumawag sa 1-800-952-3455.

ይህን ሰነድ ለመተርጎም ነጻ እርዳታ ከፈለጉ በ 1-800-952-3455 ይደውሉ።

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T’áá jiik’é díí naaltsoos t’áá nizaadk’ehjí bee shí ká’adoowoł ninízingo kojį’ hodíílnih, 1-800-952-3455.

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